

BUILDING BLOCKS STUDENT WORKSHEET

Categorizing expenses

To control your cash flow and follow a budget, it helps to understand and manage different types of expenses. Fixed expenses cost generally the same amount every month (like rent or a car payment), and variable expenses change month to month (like groceries or medical bills).

Instructions

- 1 Brainstorm monthly expenses that go into running a household. Think of your own family or adults you know. What bills might they pay?
- 2 List at least eight examples of monthly expenses in the “Monthly expenses” table.
- 3 Label each expense as fixed or variable.
- 4 Answer the reflection questions.

Monthly expenses	Mark F if fixed or V if variable
Groceries	V
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	



